

## CAMP MEDICAL/DIETARY INFORMATION AND CONSENT FORM

This form is intended to be used to assist the school in the case of any medical treatment required or medical emergency involving a student on camps, sports and all outdoor adventure activities.

A copy of each student's form must be taken on the camp./excursion.

The information collected will be held a tyour child's school/

# WHAT TO BRING

## PERSONAL EQUIPMENT LIST

You should bring along the items that are listed below. Remember, You will be responsible for all your belongings. All items must be clearly marked with your name.

Any phones, I pads, Laptops, confectionary, junk food, energy drinks or soft drinks brought to the sleepover will be confiscated.

#### Sleeping

Sleeping Bag - A MUST! PI LLOW- A MUST! PYJAMAS- A MUST! Yoga mat to sleep on.

#### Day Wear

Runners I A MUST!

J umper

A warm coat for around the campfire.

Raincoat

Hat (sun & rain) - A MUST!

Beanie

Winter Gloves

Clean underwear and socks

### Personal Items

x Toot hbr ush and toot hpast e

Face (1996) Figure 1997 | Figu